

WHATEVER WE WANT MUST HAPPEN FIRST IN OUR MIND

By

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THE HUMAN BRAIN

- Made up of about 75% water.
- Consists of about 100 billion neurons.
- Consists of at least 60% fat.
- Uses 20% of the total oxygen in the body.
- If your brain loses blood for 8 to 10 seconds, you will lose consciousness.
- While awake, your brain generates between 10 and 23 watts of power -- or enough energy to power a light bulb.
- The brain can live for 4 to 6 minutes without oxygen, and then it begins to die.

THE HUMAN MIND

- It is Intangible – cannot be quantified in percentages
- Feeling; Attitude; Belief; Imagination
- It is not confined to the Brain
- It permeates into every part of the human body and is not just enclosed in the cranium
- It has tremendous power and can CONTROL you – your THOUGHTS; EMOTIONS; ACTIONS

THE BHAGAVAD GITA

Chapter 6, Verse 6

बन्धुरात्मात्मनस्तस्य येनात्मैवात्मना जितः।

अनात्मनस्तु शत्रुत्वे 6॥6
वतेतात्मैव शत्रुवत् ॥

“For him who has conquered the mind, the mind is the best of friends; but for one who has failed to do so, his mind will remain the greatest enemy.”

A THOUGHT

A 'Thought' is the Alpha and Omega of success.

Lord Buddha said 'what you think, you become'. Accomplishment of your goal has already started when the seed was sown in your brain as a thought. To be successful, you have to first train your mind. You must master your mind and have dominance over your thought.

HEREIN LIES YOUR ROUTE TO STRIKE GOLD!

“All that we are is
the result of what we
have thought. The mind
is everything. What we
think we become.”

– Buddha

RISING FROM THE ASHES!

- **Bethany Hamilton** – Professional surfer who lost a limb when a tiger-shark attacked her. She was back surfing a month after the injury and regained her position as a top competitor in surfing!
- **Glenn Cunningham** – this legendary athlete was known as "Kansas Flyer", and considered as the greatest American miler of all time: When he was eight, his legs were burnt in an explosion and the doctors predicted he would never walk normally again!
- **James Cleveland "Jesse" Owens** - the son of a sharecropper and grandson of a slave, was an American track and field athlete who overcame tyranny, poverty and racial bigotry to make him the best remembered athlete in Olympic history!

RISING FROM THE ASHES!

- **Yuvraj Singh** – Indian international cricketer who overcame cancer and returned to become the Man of the Tournament in the 2011 ICC Cricket World Cup!
- **Sandeep Singh** - ex-captain of the Indian Hockey national team was seriously injured after being hit by an accidental gunshot in the Shatabadi Express train leaving him almost paralysed and wheel chair bound for two years of his life. He not only recovered but was also back in the Indian team!
- **Satendra Singh** - disabled swimmer who cant walk but created history on 24th June 2018 by crossing the English Channel in 12-hour and 26 minutes – creating a record!

WHAT DO YOU BELIEVE IN?

- Luck?
- Fate?
- Destiny?
- Miracles?
- Universal Energy?
- Supernatural Power?
- God?
- Yourself?

IT'S NEVER TOO LATE

- KFC's **Colonel Sanders** who didn't taste success until age 40 after years of failures and misfortunes. At **age 62**, he franchised his "Kentucky Fried Chicken".
- **Henry Ford** was **45** when he created the revolutionary Model T car in 1908.
- **Carol Gardner** was **52**, newly divorced, broke and depressed when she started Zelda Wisdom which is valued at \$50 million currently
- **Ray Kroc** spent his career as a milkshake device salesman before buying McDonald's at **age 52** in 1954
- **Harry Bernstein** spent a long life writing in anonymity but achieved notoriety at **age 96** for his 2007 memoir, "The Invisible Wall: A Love Story That Broke Barriers."

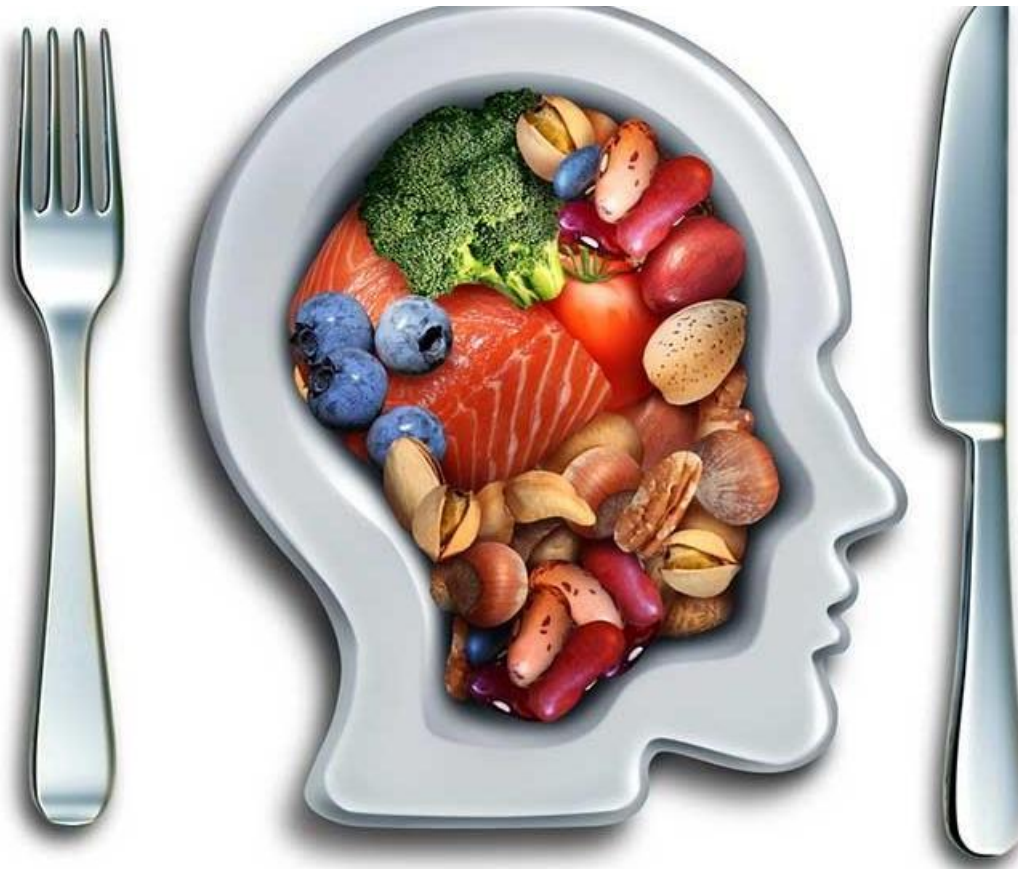
SECRET TO REMEMBER



Mind is the Master-power that molds and makes, and Man is Mind, and ever more he takes the Tool of Thought, and shaping what he wills, brings forth a thousand joys, a thousand ills-He thinks in secret and it comes to pass; Environment is but his looking-glass.

(James Allen)

izquotes.com



DIY GUIDE TO REINVENT YOUR MIND
TRAINING YOUR MIND TO ACHIEVE
WHAT YOU WANT

THE DO IT YOURSELF (DIY) GUIDE TO REINVENT YOUR MIND

1. EMBRACE LIFE
2. CHANGE YOUR SELF PERCEPTION
3. DON'T INDULGE IN SELF-PITY
4. BECOME YOUR OWN MASTER
5. BE HAPPY
6. LIVE IN THE NOW
7. STOP OVERANALYZING
8. LET GO
9. BE CALM
10. TOUGHEN UP

THE DO IT YOURSELF (DIY) GUIDE TO REINVENT YOUR MIND

11. FOCUS ON YOUR GOAL
12. CHALK OUT YOUR PLAN
13. DON'T SAY. WRITE.
14. TAKE ACTION
15. KEEP THE FAITH
16. BE BRAVE
17. FUEL THE PASSION
18. CHANNELISE YOUR ENERGY
19. ATTRACT YOUR DESIRES
20. DON'T QUIT

THE DO IT YOURSELF (DIY) GUIDE TO REINVENT YOUR MIND

21. POWER OF PERSEVERANCE
22. CHANGE YOUR OUTLOOK
23. BE SURROUNDED WITH POSITIVITY
24. LIVE EFFICIENT
25. ACCEPT CHANGE
26. ACQUIRE KNOWLEDGE
27. CREATE YOUR LUCK
28. STRENGTHEN YOUR RESILIENCE
29. REASON FOR EXISTENCE
30. I CAN. I WILL.

WHAT YOU NEED TO DO

ACTS

Embrace Life!



EMBRACE LIFE

- You have only ONE Life
- Love life to the fullest
- Live life to the fullest
- Stop complaining and grumbling about what is coming your way.
- When you stop criticizing, complaining and cribbing – you will start living and start finding solutions and growth patterns

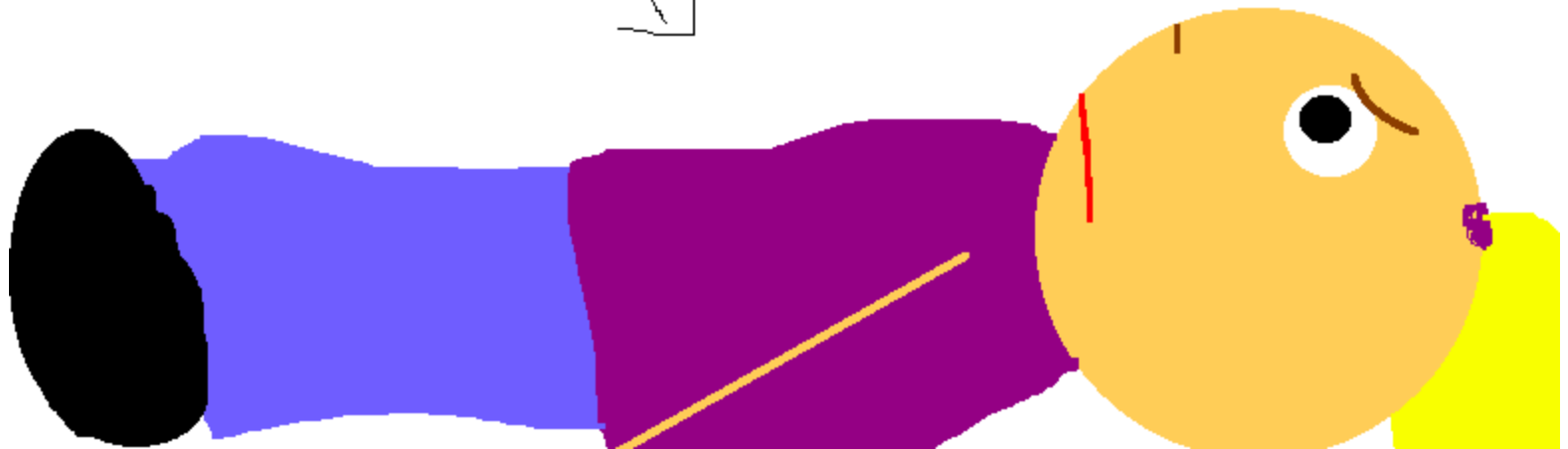
**It's not who
you are that holds
you back,
it's who you think
you're not.**

CHANGE YOUR SELF PERCEPTION

- ACCEPT YOURSELF – embracing both your shortcomings and your strengths
- YOU MAY HAVE MADE A MISTAKE ..that does not mean YOU ARE A MISTAKE
- COMPARISON ; SELF PITY; VICTIMIZATION – Stay away from them
- You with your imperfections can accomplish more when you have a clear perception of yourself based on facts and NOT ON THE OPINIONS OF OTHERS

Lots of unnecessary

self pity



DONT INDULGE IN SELF PITY

- Stay away from comparison, self- pity and victimization of yourself.
- You may have made a terrible mistake but it's over and done.
- No amount of regret is going to undo the mistake so why should you waste time feeling sorry for yourself.
- You will start enjoying self pity before you know it. Stay away from it
- Re-evaluate yourself based on facts rather than the opinions of others.

LIFE IS:

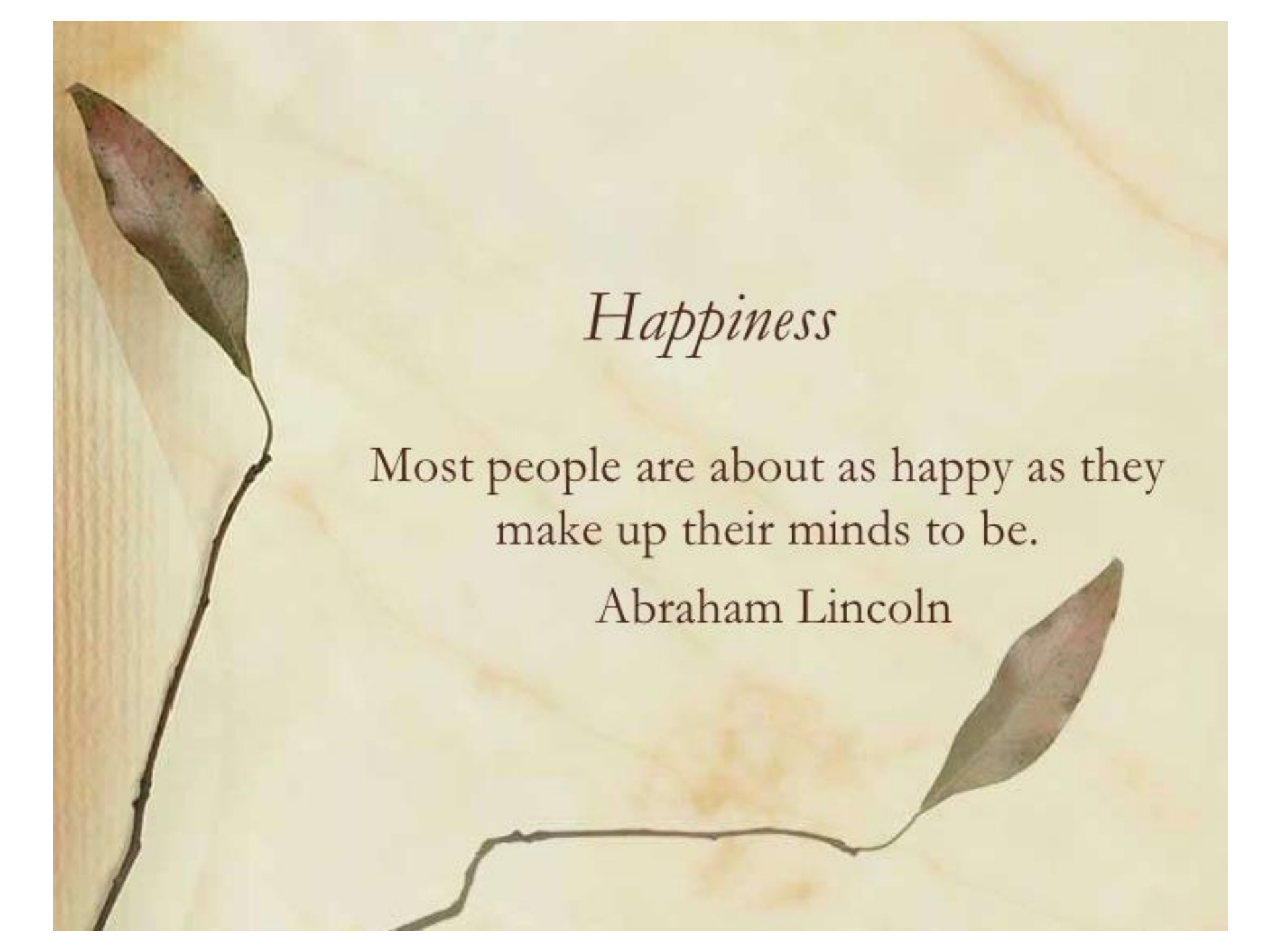
**WHAT HAPPENS
TO ME ○**

**WHAT I MAKE
HAPPEN**



BECOME YOUR OWN MASTER

- Don't blame outward circumstances for your present conditions
- TAKE RESPONSIBILITY for your actions
- What is..is...it cannot be changed – CHANGE YOUR MINDSET
- Don't wallow in self-pity, and pin the blame on unsuitable conditions for you to succeed
- Take charge of your life



Happiness

Most people are about as happy as they
make up their minds to be.

Abraham Lincoln

BE HAPPY

- Two simple words “Be happy” ...
- But if it were so easy...the Delhi government in the presence of The Dalai Lama on 2nd July 2018 would not have to launch a “HAPPINESS CURRICULUM” in state-run schools
- But if it were so easy...there would be no need for laughter clubs in the neighborhood parks
- The Next Big Revolution to hit mankind – THE PURSUIT OF HAPPINESS

BE HAPPY

- So why is it so tough to be happy?
 - Because we take things too personally
 - Because we are conditioned to search for a reason in everything, so we search for reasons to be happy
 - Because we are ignorant and stubborn and would rather appear busy and grumpy than relaxed and happy
 - Because we have started enjoying our unhappiness
- HAPPINESS IS A HABIT – the more you consciously direct your mind to be “happy”, the happier you will be



LIVE IN THE NOW

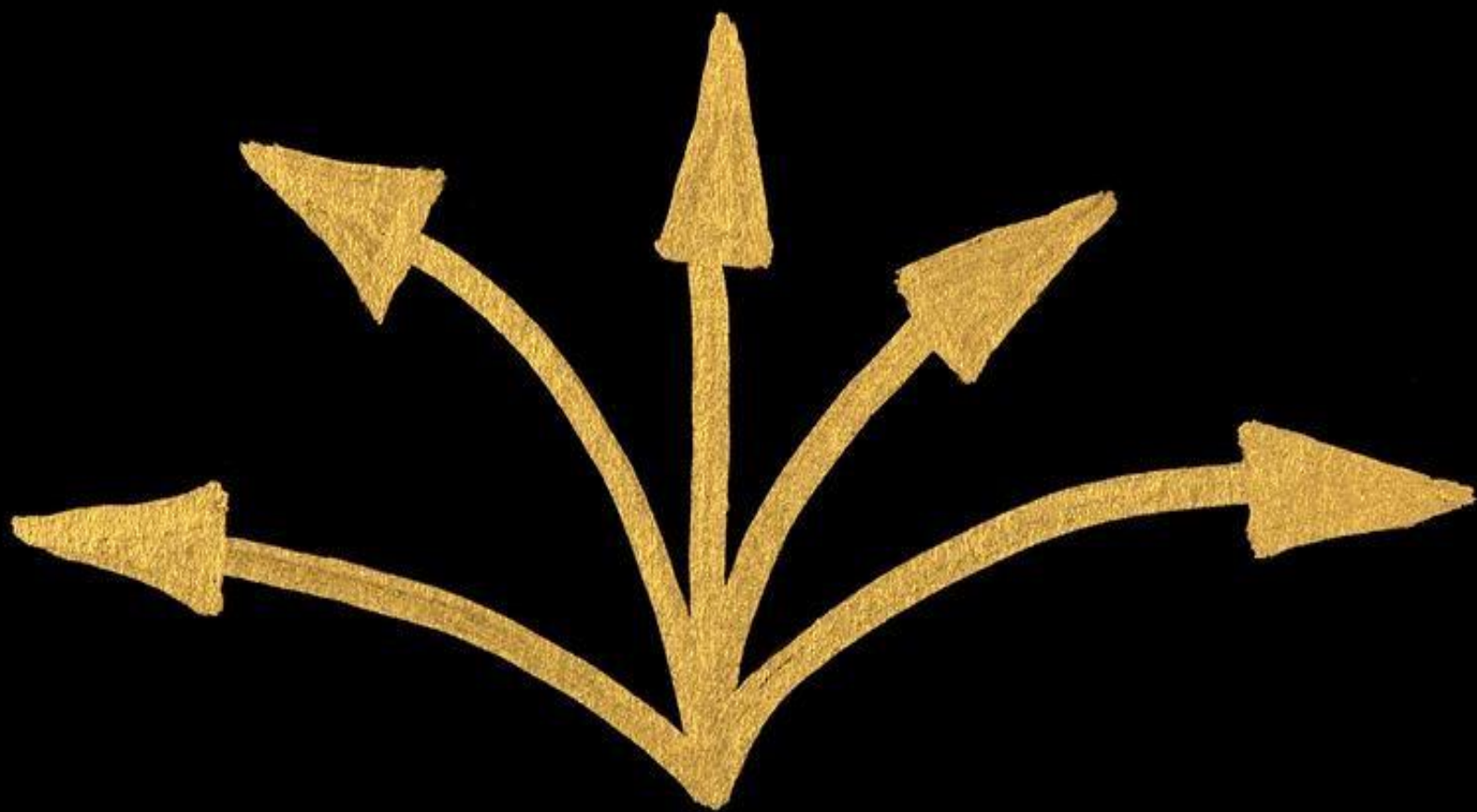
- Don't let past events and circumstances cloud your thoughts.
- What has passed doesn't exist any longer.
- Don't stress over what is yet to come.
Consciously block your mind from darting back and forth.
- Live in the present and focus on it.
- Savor the present.
- The only sure shot way to be happy – Live in the NOW

LIVE IN THE NOW

- So how can we live in the present!
- Stop over thinking; don't have a mental conversation with yourself every single minute
- Don't focus on the thoughts going on in your mind; be aware of the present moment - if you're watching a movie, just focus on each every aspect happening in the movie
- Just be; when you are present at a beautiful locale, just relish the beauty. Don't start taking selfies to post on Facebook or Instagram later

LIVE IN THE NOW

- Cultivate a habit of observing; don't just mindlessly drive to office lost in your thoughts – observe carefully the signposts/billboards you pass by everyday
- Sit still; don't fidget, don't mindlessly scroll through your mobile phone, don't be impatiently waiting for what is going to happen next – just sit still and enjoy the nothingness at times.



DECISIONS

STOP OVERANALYZING

- Analysis paralysis is the state of over-analyzing (or over-thinking) a situation so that a decision or action is never taken, in effect paralyzing the outcome.
- In today's world we are spoilt for choice – every decision has $n+1$ possible outcomes
- Fear of the outcome makes us anxious.
- Fear of being perfectly ready before making a decision makes us anxious
- Once you take a decision, Get on with it.
- Take Action on what is in your hands. No point pondering over the outcome as that is not in your hands.



LET GO

- Let go of unpleasant experiences
- Let go of nasty remarks
- Let go of injustice meted out to you
- Let go of attachment to outcomes
- Let go of unfortunate circumstances
- Just LET GO – it will unburden your mind and make you lighter
- If your MIND is full of anger & resentment towards anything, there is no place in it for a mindset required for STRIVING FOR SUCCESS



**Everybody should be quiet
near a little stream and listen**

BE CALM

- Slow down.
- A calm mind is receptive to the world.
- An angry and disturbed mind cannot listen and assumes its own.
- When you throw a pebble into a lake, you will see how it creates ripples in the perfectly still and calm water. Don't let problems create ripples in your life. They are just trivial situations which are meant to exist in some form or the other, whether big or small in everyone's life. So treat them as such – trivial situations.

YA GOTTA
BE TOUGH,
KID.



TOUGHEN UP

- Tough times don't last..tough people do
- Always Remember – You aren't the only One; you aren't the first and you surely wont be the last....there must be many others with worse circumstances..so quit whining!
- Do what you have to do and Quit complaining
- Life wasn't meant to be easy. If it were it would have been boring and monotonous
- So enjoy the game of life while you're still alive!!



FOCUS ON YOUR GOAL

- Let no one and nothing deviate your focus from your goals and shake your confidence.
- One sure shot way to achieve a bulletproof mind is to declare your goals each day to yourself by jotting them down in a diary. This keeps you focused and on the right path without distractions and digression.
- Our minds are easily influenced by the achievement, success and materialistic possessions of others
- Put imaginary blinkers over your eyes, and condition it to look only straight ahead FOCUSED ON THE

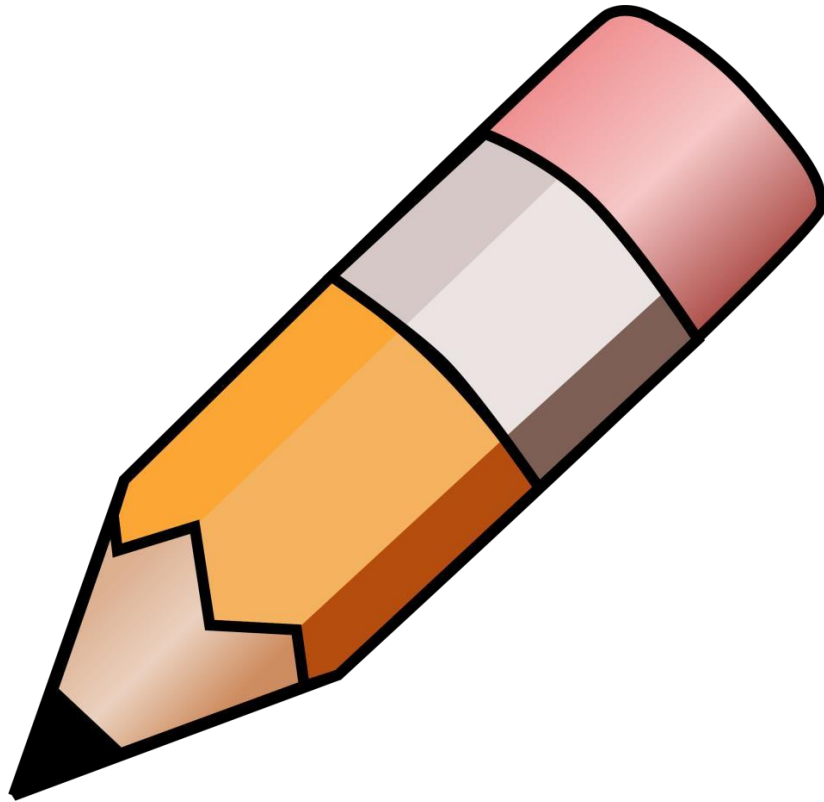
GOAL

~~Plan A~~
~~Plan B~~
Plan C

A hand holding a blue marker is shown in the lower right quadrant of the image. The hand is in the process of crossing out the text 'Plan C' with blue lines. Above it, 'Plan A' and 'Plan B' have already been fully crossed out with multiple blue lines.

CHALK OUT YOUR PLAN

- Organized planning is the only route to success.
- Plans crystallize desire into action which ultimately enables you to achieve your dreams.
- Your vision takes shape in the form of plans.
- To be effective a plan of action must have a definite deadline as the mind works on specific information.
- Planning without timing is futile.



DON'T SAY. WRITE

- Identify your Goal and write it down in clear terms.
- The timeframe for achievement of your goal, the detailed step by step action plan, and the investment required, the monetary returns you expect to achieve – everything must be clearly written down.
- Then revisit your goal every day and read what you have written every single day.
- This will motivate you to keep striving towards your aim.



TAKE ACTION

- Action is imperative to achieve.
- Action is just the simple act of doing.
- It is common knowledge that no idea can be turned into reality without action on the idea.
- Creation of an idea and the desire to turn it into reality backed by all the monetary power available will still not guarantee riches unless there is action performed towards that idea.
- Over- analyzing and over-thinking will kill the idea even before inception.

A dramatic, sepia-toned photograph of a small wooden boat on a turbulent sea. The sky is dark and filled with heavy, swirling clouds. The boat is positioned in the lower half of the frame, with white-capped waves crashing against its hull. The overall mood is one of adversity and resilience.

KEEP THE FAITH

2 TIMOTHY 4:7

KEEP THE FAITH

- Believe in your idea, believe in your line of action, believe in the outcome, and believe in yourself.
- If you don't truly believe in the innermost soul of your heart in whatever it is you set out to do, you most definitely will not succeed in it.
- However, if you believe in your thought, even though it may sound foolish to the world and unachievable at that point of time, it will most definitely bring you laurels sooner or later.
- Faith removes constraints and turns adversity into opportunity and we can accomplish that which seemed impossible.



BE BRAVE

- Fear is generally of the unknown. We mostly fear that which is unfamiliar to us.
- It is only when we transcend that fear; we set the wheels in motion for what is to come next. We would miss out on a whole new world if we are stuck in our fear.
- Instead of focusing on the end result, just concentrate on the present act.
- Remember you are capable of more than you think.



FUEL THE PASSION

- You have to find what you are truly passionate about.
- If today were the last day of your life, would you want to do what you are going to do today? If the answer is 'No', it is certain that something is wrong and needs to be changed.
- You will attract riches and fame only if you are doing something you are passionate about.
- Fuel the passion. Infuse enthusiasm into your work – then only you will achieve success.



CHANNELISE YOUR ENERGY

- Be a livewire: always full of life.
- Take life as a challenging game and participate in it with full enthusiasm.
- Have a goal and channelize your passion towards your goal.
- Be consciously aware of the energies around you. Assimilate these energies and then merge them to create a power source in yourself which can be consciously controlled by your mind so as to guide your body towards dynamic action to achieve the impossible.



**PUT YOUR HEART,
MIND, INTELLECT AND
SOUL EVEN TO YOUR
SMALLEST ACTS.**

**THIS IS THE SECRET
OF SUCCESS.**

SWAMI SIVANANDA

www.PRINCEEA.com

ATTRACT YOUR DESIRES

- Have a focused GOAL. Breathe one Idea. Sleep one Idea. Talk one idea. Live one idea.
- VISUALIZE LIVING YOUR DREAM
- If every moment of your soul thrives on that one idea – no one can stop you from being successful, achieving great wealth and all your dreams.
- Believe in Yourself. ‘You and Only You’ can achieve your goal. Introspect, improve and innovate – challenge yourself and compete with yourself – to rise beyond your potential.
- Depend only on Yourself. Hold only Yourself responsible for your setbacks and failures.
- Compete with Yourself. Challenge Yourself.
- You are only what you want to be & You can be much more!

**JUST
DONT
QUIT.**

DON'T QUIT

- Quitting means it's over.
- A significant reason why people quit and give up on their dreams is the fear of criticism.
- You may be just around the corner to hit the jackpot, but you will never find out because you quit.
- Be 100% present in the current moment and visualize only your goal and nothing else.
- Quitting is not an option



POWER OF PERSEVERNACE

- Patiently persist.
- Don't lose your enthusiasm when you suffer setbacks on your road to success.
- Gather your determination and tenaciousness and with single-minded strength of purpose forge ahead.
- The harder you work, the closer your goal will seem.
- Success doesn't happen overnight for 'Rome was not built in a day'



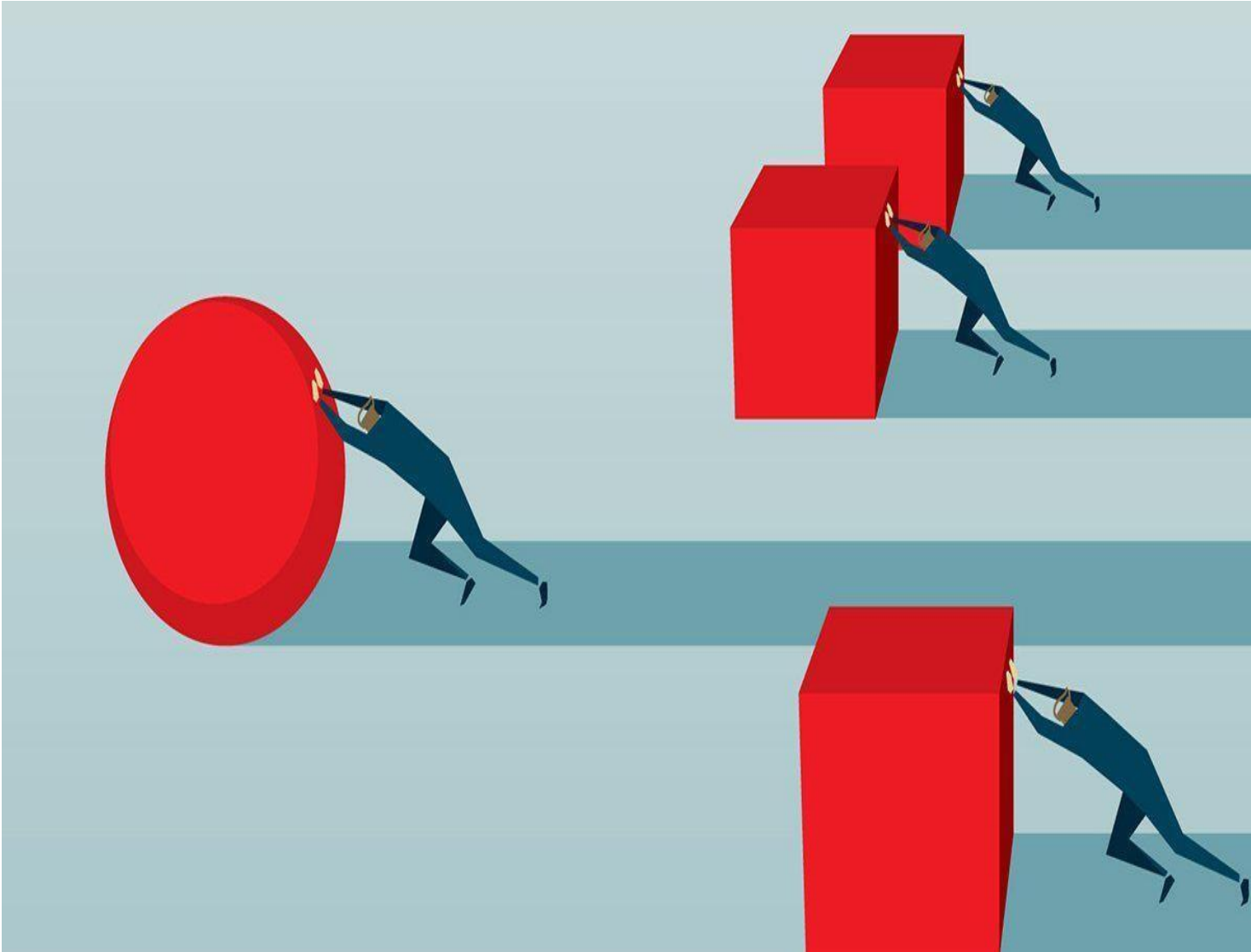
CHANGE YOUR OUTLOOK

- You are the master of your own attitude.
- Remember that ‘You’ alone are responsible for your outlook and ‘You alone can change it.
- So your attitude and the perspective with which you look at the situation when you suffer adversity – is entirely in your hands.
- Change your attitude and you can change the moment.



BE SURROUNDED WITH POSITIVITY

- Consciously be around optimistic people: Those people who bring out the best in you.
- Stay as far away as you can from people who drain your energy and have a pessimistic outlook towards life.
- When you surround yourself with negativity and stressful people you weaken your attitude.
- The Negative energy saps your vitality whereas positive energy rejuvenates you.
- Surround yourself with optimists and achievers.



LIVE EFFICIENT

- Efficiency has got nothing to do with the ‘lack of time’ and everything to do with the ‘lack of planning your time’.
- Efficient people achieve more and move faster to their goal.
- Efficiency is the art of achieving maximum productivity with minimum wasted effort or expense.
- It is the key word which sets apart one individual from another.
- It is the reason why some people are more successful than others.

LIVE EFFICIENT

- A job done is good.
- A job done well is even better.
- A job done well within the time frame is very good.
- A job done well before the prescribed time is very very good.
- A job done better than it was expected to be done and that too before it was even required is excellent – Strike Gold



ACCEPT CHANGE

- ‘Change’ is the only constant.
- Sometimes we refuse to accept ‘Change’ in our lives.
- We are too settled in our comfort zones and feel uneasy on experiencing something different from the usual.
- What we forget is that the only permanent thing in this world is ‘change’ and one who does not change with the times gets left far behind.
- The ability to modify our actions instantly, change directions easily when required and compromise when appropriate, is a quality which people with strength of character possess.



ACQUIRE KNOWLEDGE

- Knowledge is free. You can acquire it if you want. It is everywhere around you.
- To acquire education you may need money, but to acquire knowledge all you need is desire and intense focus.
- With presence of mind, common sense, observation and an intense passionate desire to learn – you can learn from anywhere.
- You may need expert knowledge for the goal you want to achieve and specialized knowledge may come at a price but it may be a small price to pay for the achievement of your goal.
- Acquiring knowledge and training is an investment; it should not be an afterthought



CREATE YOUR LUCK

- Create your Luck.
- You determine your destiny when you react to situations you are confronted with in life. Your reactions determine your future and the life you create for yourself.
- Don't ponder over whether luck has favored you or ignored you, go out there and make your luck.
- At times it may take months, years, a decade – but success will come your way.



STRENGTHEN YOUR RESILIENCE

- Stand up, dust yourself and get back to work.
- Tough times don't last forever. Obstacles are as powerful as you imagine them to be. When you don't pay heed to them, they magically fizzle out.
- Have the ability to spring back into shape.
- Deal with your problems – that's the only way they will go away.
- Failures are not an end in itself.
- Get back up on your feet

raison d'être

(n.) a reason for existing

OTHER-WORDLY

REASON FOR EXISTENCE

- Identify the reason for your existence – the reason for your action, the reason why you go to work, the reason why you sacrifice, the reason for your smile and joy, the reason for your being alive.
- When the going gets tough and you are feeling down and out, motivate yourself by thinking about your ‘reason for existence’.
- Importantly when you have a purpose or reason – you keep your eyes focused on that and distractions around you fade into the oblivion as you single-mindedly set out to achieve your goal.



I CAN. I WILL

- If you think you can - you will.
- If you think you can't - you won't.
- Your 'WILL' can change everything.
- The 'will' comes from 'within'.
- You are unstoppable once you have willed it.

REMEMBER

When you **CHANGE YOUR SELF PERCEPTION** you will **BE HAPPY** and **BECOME YOUR OWN MASTER** which will help you to **STOP OVERANALYZING**. So **TOUGHEN UP** and **LET GO** and **FOCUS ON NOTHING BUT YOUR GOAL** and you will see how you **ATTRACT YOUR DESIRES TO YOURSELF!!**

WHAT YOU WILL NEED

EQUIPMENT

YOUR EQUIPMENT

- Attitude
- Belief
- Courage
- Determination
- Energy
- Perseverance



**IF YOU DON'T
LIKE SOMETHING,
CHANGE IT.
IF YOU CAN'T CHANGE IT,
CHANGE YOUR
ATTITUDE.**

-MAYA ANGELOU-

ATTITUDE

- It is the way you look at life that determines your success.
- If you want to change life, change your attitude.
- You can achieve only what you think you can achieve.
- The attitude towards life – the strength of character of getting up after a fall, dusting yourself and starting afresh once again – determines how successful you become
- ‘Attitude determines Altitude’



BELIEF

- Belief, faith, conviction are words that move mountains.
- Belief in your idea, belief in your line of action, belief in the outcome, belief in yourself
- If you don't truly believe in the innermost soul of your heart in whatever it is you set out to do, I can guarantee, you most definitely will not succeed in it.
- However, if you believe in your thought, even though it may sound foolish to the world and unachievable at that point of time, it will most definitely bring you laurels sooner or later.



COURAGE

- *‘Courage is not the absence of fear but the triumph over it’
- Nelson Rolihlahla Mandela*
- Every human being has courage in him but it will only come to the forefront when the person is in the direst circumstances.
- At times it is just one small word, quote, deed, event or person that may suddenly give you the courage which was eluding you all this while.
- To awaken your courageous side – ‘Get out of Your Comfort Zone’.
- Instead of focusing on the end result, just concentrate on the present act
- BE BRAVE because there is no Alternative

I can.
I will.
End of story.

DETERMINATION

- Your 'WILL' can change everything. It can pull you out from the depths of misery. It can give you hope. It can make you millions. It can change your fortunes and your future. The 'will' comes from 'within'. You are unstoppable once you have willed it.
- Your will and determination is displayed when you battle your inner demons, because when you conquer within: you conquer outside.



ENERGY

- A wise man once said, 'add life to your days, not days to your life'.
- What is life without energy and enthusiasm?
- Be a livewire: always full of life.
- Channel your passion towards your goal into your personal self as well.
- Discover something new each day. Create something new each day. Leave your comfort zone, break habits, unlearn what you already know and explore new territories. Challenge yourself and you will be surprised.



10/2/2021

PERSEVERANCE

- The only way to your goal is to keep moving forward. Keep at it all the time.
- Patiently persist. Don't lose your enthusiasm when you suffer setbacks on your road to success. They are mere stumbling blocks.
- Success and riches are not for the weak. You have to be made of strong metal to survive all odds and march on.
- Persist, persist, persist; no matter how slow you are and how far the goal seems.

THE KIT TO A NEW 'YOU'



THE KIT TO A NEW 'YOU'

- K - Keep your eyes open
- I - I must merge
- T - Take more calculated risks
- **REMEMBER YOU ARE EXTRAORDINARY. TO OBTAIN THE ELIXIR OF LIFE YOU MUST REWORK; REORGANIZE AND REENERGIZE. WHEN YOU REINVENT YOUR MIND YOU CHANGE YOUR LIFE...FOREVER!**

WHAT WILL GUIDE YOU

MOTIVATION

YOUR MOTIVATION

- YOU and only YOU
- The Bhagavad Gita
- The Quran
- The Holy Bible
- The Guru Granth Sahib
- The Tripitaka
- Tao-Te-Ching

YOU and only YOU are your biggest Motivation

**PUSH YOURSELF
BECAUSE, NO ONE
ELSE IS GOING
TO DO IT FOR YOU.**

WHAT BINDS THE WORLD

- Stress
- Diabetes
- Blood Pressure
- Cancer
- Alzheimer
- Depression
- Loneliness
- Drugs and Alcohol Abuse

THE REMEDY

- The cure is within us
- The Universal energy around us will work in the direction we direct it
- Positive outlook = will lead to positive results
- Negative outlook = will lead to negative results
- **WHATEVER THE CIRCUMSTANCES MAY BEthe next moment is entirely in your hands..you can mould it the way you want WITH THE POWER OF YOUR THOUGHTS/ YOUR MIND**

RECHARGE YOUR BATTERIES

- To obtain the elixir of life we must rework; reorganize and reenergize
- Sometimes all you need to do may be just to take a leap back and then re-emerge again, this time 'packaged differently'.
- Failures are not an end in itself; they are just new beginnings of something new.
- A catastrophe like the death of a loved one is not the end of life; it is just an alteration of the course of life
- **TRANSFORM YOUR THOUGHT PROCESS; CHANGE PERSPECTIVE AND WORK FROM A DIFFERENT ANGLE**

THINKING

A poem written by Walter D. Wintle

“If you think you are beaten, you are ; If you think you dare not,
you don't, If you'd like to win, but think you can't; It's almost
a cinch you won't. If you think you'll lose, you've lost

For out in the world we find, Success begins with a fellow's will,
It's all in the state of mind.

If you think you are outclassed, you are; You've got to think high
to rise, You've got to be sure of yourself before; You can ever
win a prize.

Life's battles don't always go; To the stronger or faster man,

But sooner or later the man who wins

Is the man WHO THINKS HE CAN!”

The
expert in
anything
was
once a
beginner.



SUCCESS

practice
instruction
training
learning

THANK YOU FOR TAKING THE STEP TO BECOMING SUCCESSFUL!

Imagine wealth, victory, success – and you will achieve it. You want success and the universe will serve it to you if you can control your thought process.

A human mind is a reservoir of power: It can conjure up zillion thoughts. The art is in taking that one thought which you believe in, and turning it into reality.